

## **Request for Special Dietary Accommodations**

It is important to complete the ["Request for Special Dietary Accommodations"](#) form to indicate the need for special dietary restrictions for your student. This form is used to communicate specific allergies and medically necessary food substitutions with the School Nurse and Food Services Department. The district is required to have the ["Request for Special Dietary Accommodations"](#) form on file, completed and signed by a recognized medical authority in order to make any substitutions to your students' meals.

Your students' safety is very important to us. Without this form, your student will be served the standard meal options provided to all students during lunch and breakfast meals. Due to the federal nutrient requirements of meals offered to students, we appreciate your understanding that we are unable to make food substitutions based on individual preferences including religious or philosophical practices. Monitoring and enforcing dietary restrictions associated with religious or philosophical practices is the responsibility of the parent/guardian.

Have your health care provider complete the ["Request for Special Dietary Accommodations"](#) form and return it to the school as soon as possible, so we may begin making arrangements for substitutions. If you have questions or concerns, please do not hesitate to contact Food Services.

## **Lactose Intolerance**

Soy milk is available to students with a Lactose Intolerance without a dietary prescription.